

Open Couples Events 2009

<u>Open Pairs/ Couples Events</u>	Minimum Test:	Maximum Test:	Program Length	Notes
Event:1. Beginner Pairs / Couples	Each partner must have passed Level 1 Field Moves	Must not hold any old NISA Pair Test or any part of Level 4 Singles or Dance National tests (excluding Field Moves) Must not hold Level 2 or higher new National Pair test	Free Program of 2 minutes (+/- 5 secs)	The programme must contain ONLY the following elements: <ul style="list-style-type: none"> • Mid-line step sequence utilising the full length of the ice surface. • Second step sequence (any pattern). This may include spirals • Pair spin/dance spin in any position and any hold (min. 2 revs). Change of foot or position optional • Side by side solo spin (min. 3 revs) Moves demonstrating quality edges, simple turns and footwork should be included. At least 3 different dance/pair holds should be demonstrated throughout the programme. Recognised pair/dance lifts are not allowed. NB. Vocal music is not permitted.

<u>Open Couples Dance Events</u>	Minimum Test	Program / Requirements (No age restrictions will apply)
Event 2. Couples Compulsory Dances	Level 1 Comp Dance & FM tests	Rhythm Blues & Dutch Waltz* (2 sequences of each)
Event 3. Couples Compulsory Dances	Level 3 Comp Dance & FM tests	Fiesta Tango & Willow Waltz* (2 sequences of each).
Event 4. Couples Free Dance	Level 3 Comp Dance, FD & FM tests	2min (+/-5s) Free Dance programme containing: One step sequence in dance hold; One dance spin –Minimum 3 revs on one foot by both skaters; One dance lift and One set of twizzles NB. Vocal music allowed.
Event 5. Couples Compulsory Dances	Level 4 Comp Dance & DM/FM tests	14 Step (3 sequences) & Foxtrot* (2 sequences)
Event 6. Couples Free Dance	Level 4 Comp Dance, FD & DM/FM tests	2min (+/-5s) Free Dance programme containing: One step sequence in dance hold; One but not more than Two dance spins ,Min 3 revs on one foot by both skaters; One dance lift and One set of twizzles NB. Vocal music allowed
Event 8. Couples Compulsory Dances	Level 5 Comp Dance & DM/FM tests	Rocker Foxtrot (2 sequences) <u>and</u> European Waltz* (One & half circuits of rink / One Lobe Waltz)
Event 9. Couples Free Dance	Level 5 Comp Dance, FD & DM/FM tests	2 min (+/-5s) Free Dance programme containing: One Step sequence in dance hold; One but not more than Two dance spins - Min 3 revs on one foot by both skaters; One but not more than Two dance lifts and One set of twizzles. NB. Vocal music allowed

1. Couples who enter or have previously entered IJS Junior & Senior events & Championships may not compete in the above Couples Dance events.

2. Skaters placed in the first three of any previous year's NISA Novice Couples Dance Championship are ineligible to take part in these events unless they skate with another partner. All other couples skating in NISA Novice IJS Events/Championships are eligible to enter these events.
3. These events will be judged using the Relative 6.0 scoring method
4. Free Dance -- Presentation Mark determines ties (No 544 Para 3b).
5. In the case of events consisting of only two compulsory dances, the second dance listed - marked* will determine any ties.