

## **SCOTISH CUP PRACTICE SCHEDULE OPEN TO ALL SKATERS**

There will be one practice session on Friday morning only from 8.10am to 10.30am. The session will be organised as follows.

8.10am to 8.30am	ADVANCED NOVICE LADIES
8.30am to 8.50am	JUNIOR LADIES, 1 to 12 on start order
8.50am to 9.10am	JUNIOR LADIES, 13 to 24 on start order
9.10am to 9.30am	RESURFACE
9.30am to 9.50am	ALL PAIRS
9.50am to 10.10am	JUNIOR AND SENIOR MEN
10.10am to 10.30am	SENIOR LADIES

The cost per skater will be £5 payable on the day. No music will be played during the practice session.